

# Preliminary Program - 2016



**44<sup>th</sup> Annual Conference of the  
State Society on Aging of New York**

**Changing the Landscape:  
Creative Approaches to Healthy Aging**

**Wednesday, October 26 – Friday, October 28, 2016**

**Ithaca College**  
953 Danby Road  
Ithaca, NY 14850

For additional meeting information  
visit the SSA Webpage: <http://ssany.org>

# State Society on Aging of New York

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Please visit our website at [www.ssany.org](http://www.ssany.org)



Dear Colleagues:

Welcome to the 2016 State Society on Aging of New York (SSA) Conference! We are excited about the breadth and depth of the conference presentations and are confident that participants will gain valuable knowledge as well as professional contacts.

This year the theme of the conference is, **“Changing the Landscape: Creative Approaches to Healthy Aging.”** This theme highlights our conference location in upstate New York. In partnership with the Finger Lakes Geriatric Education Center, Wednesday’s program will be a **Rural Summit** focusing on creative approaches to the health of rural elders, and be followed by a Town Hall meeting to further highlight policy issues relevant to rural elders. Wednesday’s reception and dinner program will highlight artwork by local elders as well as exciting work being done by the Ithaca College School of Music. Paper sessions Thursday morning and afternoon join the Thursday lunchtime Past President’s Symposium focusing on older immigrants. Thursday’s poster session and reception will include a silent auction. Concurrent sessions on Friday morning are followed by the awards luncheon. On Friday afternoon we will offer opportunities to visit Ithaca-area parks and wineries (for an extra fee).



We hope you enjoy the conference!

Kind regards,

Mary Ann Erickson, PhD  
SSA President, 2016

**Thanks to:**

Maria Brown  
SSA Conference Program Chair

Program Planning Committee

Elizabeth Bergman  
Teri Reinemann  
Jane Baker Segelken  
Rhoda Meador, FLGEC

# Special Thanks to Our Supporters

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Syracuse University Aging Studies Institute

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## Friends and Supporters

Janna Heyman, PhD

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More to come



# Conference Schedule

\*\*Meals are on-site and included in the registration fee unless otherwise noted.

## Wednesday 10/26

### Wednesday 8-9am

*Emerson Foyer*

- **Breakfast and registration**

### Wednesday Morning Sessions 9am-12:30pm

*Emerson A*

#### *FLGEC Rural Summit\**

- 9:00 - 9:30 am SSA President's Welcome and Greetings
- 9:30 – 10:30 am **Plenary Session 1-Aging in Rural New York State**  
Judith Howe, PhD, Associate Director/Education and Evaluation, VISN 2 Geriatrics Research, Education and Clinical Center (GRECC)
- 10:30-10:45 am Break
- 10:45-11:30 am **Plenary Session 2-Telehealth Technologies for Treating Older Adults with Mental and Cognitive Disorders**  
Michael Hasselburg, PhD, RN, NPP-BC, Director, Project ECHO®, University of Rochester
- 11:30-12:30 pm **Plenary Session 3- Building a Sustainable and Replicable System of Long Term Care in the Eastern Adirondacks**  
Daniel J. Heim, Executive Vice President, LeadingAge NY

### Wednesday 12:30-1:30pm

*Emerson B*

Lunch



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\* CONFERENCE SUPPORT: This project is sponsored by the Finger Lakes Geriatric Education Center funded by the Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under the Geriatric Workforce Enhancement Program # U1QHP28738. This information or content and conclusions are those of the authors/speakers and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, DHHS, or the U.S. Government.

## Wednesday 10/26 (continued)

Wednesday 1:30-3:00pm

*Emerson A*

### *FLGEC Rural Summit\**

- 1:30 -2:30 pm      Plenary Session 4- **Rural New York Elders: Needs, Services and Program Priorities**  
John Krout, PhD, Professor Emeritus, Gerontology, Ithaca College and Founding Director, Ithaca College Gerontology Institute
- 2:30-3:00 pm      **Summary Remarks**  
Thomas V. Caprio, MD, MPH, CMD, FACP, Assistant Professor of Medicine, Division of Geriatrics & Aging, University of Rochester

### *Rural Summit Continuing Education*

**Social Workers:** University of Rochester Medical Center, Center for Experiential Learning is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0005. This course has been approved for 5.0 continuing education hours.

**Physicians: Accreditation:** The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **Certification:** Physicians: The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 5.0 *AMA PRA Category 1 Credit(s)*.<sup>TM</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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## Wednesday 10/26 (concluded)

### Wednesday 3:15-4:30pm

#### **Town Hall Meeting**

*Emerson B*

Bob Blancato,  
Matz, Blancato & Associates

Greg Olsen, Acting Director  
New York State Office for the Aging

Randy Hoak  
AARP New York

Lisa Holmes  
Director of Tompkins County Office for the Aging



### Wednesday 5-6pm

#### **Reception**

*Clark*

#### **Art by Local Elders**

*Klingenstein*

### Wednesday 6-7:30pm – Dinner

*Emerson B*

**Exploring Music as Medicine: Elizabeth Simkin and Jayne Demakos, Ithaca College**

**Excerpts from “Looking at Spring: Meditations on Aging” (2014) by Lembit Beecher’  
Performed by Patrice Pastore, soprano, Professor of Voice at Ithaca College**

### Wednesday 7:30-8:30pm – SSA Board Meeting

*Clark Lounge*



# Thursday 10/27

## Thursday 8-9:15am

- **Breakfast and registration**
- **SSA Business Meeting – all members are welcome to attend**

*Emerson Foyer  
Emerson B*

## Thursday 8:45-noon

### **1. Expressive Arts in Counseling Psychotherapy**

- Lourdes Barche-Tabar, Ph.D.
- This workshop is available to all conference participants. CEUs for social workers are available if requested and paid for in advance.

*Emerson A*

## Thursday 9:30-10:45am

### **Long Term Care Workforce Issues**

- Occupational Stress and Health Among Home Health Care Workers
  - Jeanette Zoeckler MPH
- Superskilled: Life Skills Training for Home Care Paraprofessionals
  - Alis Sefick MHEd, Erika Swenton MSPT

*Emerson C*

### **Healthy Identity: Healthy Aging**

- Healthy Identity: Healthy Aging
  - Julia Shaw EdD, Margaret Clark-Plaskie PhD, Mark Chaffin MDiv

*Clark Lounge*

### **Diversity and Aging**

- Challenges and Insights about Working with Older Refugees
  - Jennifer McDermott MPA
- Healthy Aging: Changing the landscape for deaf older adult sign language users in New York State
  - Tamala David PhD, Lauren Searls BSN, Erika Sutter MPH, Steven Barnett MD
- Meeting Social & Healthcare Needs of New York's Aging Immigrant Communities
  - James C. O'Neal MA, Christian Gonzalez-Rivera MUP, Lakshman Kalasapudi MA

*Klingenstein*

## Thursday 11am-Noon

### **Collaborative Design**

- Collaborative Design and Creative Aging
  - Sarah Redmore MBA, Donald Carr MFA
- Creative Collaboration between Museums and an Aging Population
  - Sarah Redmore MBA, Teddy Aiken PhD

*Emerson C*

### **Educational Models in Gerontology**

- Expanding a VA Interdisciplinary Team-Based Geriatrics Training Program to Indian Country
  - Judith Howe PhD, Annette Hintenach MSSW, Josea Kramer PhD
- The Ithaca College-Longview Partnership: Challenges and Rewards of a Long-Term Programmatic Relationship
  - Christine Pogorzala MS

*Clark Lounge*

### **Civic Engagement**

- Retirees in Service to the Environment (RISE): A Model Program for Environmental Stewardship
  - Rhoda Meador PhD, Nancy Wells PhD, Karl Pillemer PhD
- Volunteerism for Older Adults
  - Judith Turner Ed.M, Deborah Parkinson MA

*Klingenstein*



## **Thursday 10/27 (continued)**

**Thursday 12:15-1:45pm**

**LUNCH**

*Emerson B*

### **PAST PRESIDENTS' SYMPOSIUM WALTER M. BEATTIE, JR. SYMPOSIUM**

This year, to highlight the work of the SSA Past Presidents, we are designating the Past Presidents' Symposium as the Walter M. Beattie, Jr. Symposium.

Walter M. Beattie, Jr., received his M.A. in sociology from the University of Chicago. Through his outstanding contributions and commitment to SSA, he was influential in broadening the conceptualization of aging. The Symposium recognizes these contributions by highlighting the work of SSA members in the field of aging.

#### **“Falling through the Cracks: Aging Immigrants in New York State”**

Moderator  
Judy Howe

“Social Service Needs of NYS’s Immigrant Communities”  
James O’Neal

“Immigrants in Rural Western NYS: Social Service Needs”  
Bob Maiden

“Understanding the Experience of Immigrant and Refugee Mothers  
Across the Lifespan: Narrative Approaches”  
Mary Beth Morrissey



## Thursday 10/27 (continued)

### Thursday 2:00-5:15

*Emerson A*

- **Attachment-Focused Integrative Reminiscence (Life Writing): Theory, Methods, Skills, and Phenomenological Experience**
  - Myra Sabir, Ph.D., Binghamton University
  - This workshop is available to all conference participants. CEUs for social workers are available if requested and paid for in advance.

### Thursday 2-2:30pm

#### ▪ **Interest Group Meetings**

- Care and End of Life Issues
- Communities and Services
- Education and Training
- Social Policy

*Emerson B*

*Emerson C*

*Clark*

*Klingenstein*

### Thursday 2:30-3:45

#### ▪ **Tours of Longview**

- Meet at the registration area for transportation to Longview, a local senior housing residence with a programmatic partnership with Ithaca College.

### Thursday 2:45-3:45

#### ▪ **AARP Session**

- Countdown: New York's Vanishing Middle Class
  - Randall Hoak, Associate State Director, AARP

*Emerson B*

#### ▪ **Health and Aging**

- Post Surgical Delirium (PSD) in Geriatric Patients
  - Wendy Belt LMSW
- "It's a Balancing Act": A Model of Community-Dwelling Older Adults Navigating Health and Aging in Everyday Life
  - Joyce Duckles PhD, Craig Sellers PhD, Sandhya Seshadri PhD

*Emerson C*

#### ▪ **Mental Health and End of Life**

- End of Life and Anticipatory Grief Related to Dementia
  - Nina Manzella
- Interdisciplinary Perspectives on Suffering and Spirituality: Exploring Connections and Intersections in Serious Illness and at End of Life
  - Mary Beth Morrissey PhD

*Clark Lounge*

#### ▪ **Caregiving**

- Caregiver Burden and Spirituality
  - Suzanne Katz,
- Caregiver Burden: Research, Policy, and Practice
  - Janna Heyman PhD, Linda White-Ryan PhD, Peggy Kelly MSW

*Klingenstein*

## Thursday 10/27 (continued)

Thursday 4-5:15pm

▪ **HIV and Aging**

*Klingenstein*

**KERMIT SCHOOLER SYMPOSIUM  
HIV AND AGING**

This session is being designated as the Kermit Schooler Symposium. Kermit Schooler, Ph.D, served as Professor and Dean of the School of Social Work at Syracuse University for two decades. Dr. Schooler, a social psychologist, was recognized nationally and internationally for his research and theory development in aging, particularly in the area of environment, stress and coping, and morale. Just before Kermit's death in 1991, the Executive Board of SSA established the Kermit Schooler Symposium at the Annual Meeting to honor his lifetime contributions to the field of gerontology. As part of SSA's tradition, this special symposium is in honor of Kermit Schooler.



- Curriculum Development: Sexual Health, HIV & Older Women
  - Lisa Frederick BA, Hanna Tessema MSW MPH, Liz Seidel MSW
- Social Support Systems and Social Networks Characteristics of Older Adults with HIV
  - Mark Brennan-Ing PhD, Liz Seidel MSW, Stephen Karpiak PhD
- Stigma, Disclosure and Relationships Issues in Older Men with HIV: Similarities and Differences between Heterosexual and Gay/Bisexual Men
  - Liz Seidel MSW, Mark Brennan-Ing PhD, Stephen Karpiak PhD

▪ **Health and Aging**

*Emerson C*

- Sense and Sensibility: Thinking about Healthy Hearing and Cognition in Aging
  - Amy Rominger AuD, Yvonne Rogalski PhD
- "What am I Going to Eat?" Understanding How Community-dwelling Older Adults Live with Dysphagia
  - Sandhya Seshardi PhD

▪ **End of Life Care**

*Clark Lounge*

- Palliative & End-of-Life Care in Rural Upstate New York: An Assessment of Knowledge, Attitudes, & Beliefs
  - Elizabeth Bergman PhD, Rachel Mecalianos B.S., Samantha Olewnik B.A., Jasmine Spearman B.A., Caroline Westbrook B.S., Corinne White B.A.
- The Association of Conversations and Medical Order Decisions in the Nursing Home
  - Joann P. Reinhardt PhD
- Pain Management in the Nursing Home: Differential Predictors of Narcotic and Non-Narcotic Use
  - Tammy Marshall BSN MA Present, Joann Reinhardt PhD

▪ **Experience the Ithaca College Natural Lands**

- Meet at the registration area for a guided walk through the Ithaca College Natural Lands. The terrain is hilly and uneven, so appropriate footwear should be worn.

## **Thursday 10/27 (concluded)**

### **Thursday 5:15-6:45pm**

- **RECEPTION- Silent Auction, Poster Session**

*Emerson B*

### **Posters**

- How Design Thinking Can Make a Better Aging for All
  - Asal Andarzipour MFA
- Financial Elder Abuse: New York State Prevalence, Interventions, & Future Directions
  - Danen Danielak BSW
- The Older Americans Act and LGBT Inclusive Service Provision
  - Jennifer Dunkle ABD and Carolyn A. Bradley, PhD, LCSW, LCADC
- Center for Life Skills: An Interdisciplinary Pre-Service Center Serving Adults with Traumatic Brain Injury
  - Susan Durnford MS, Catherine Gooch, Jan Monroe PhD, Melinda Cozzolino MS, S. Brown
- Linking Cognitive Impairment to Human Temperament across Adulthood: Biological Bases of Executive Functioning?
  - Joseph McFall PhD
- Finger Dexterity Exercise for Older Adults: Transforming Older Adults' Hand Exercise Experience with Physical Tools and Technology
  - Xiaoyu Qi MFA
- Fostering a New Model of Multigenerational Learning: Older Adult Perspectives, Community Partners, and Higher Education
  - David Steitz PhD
- Health Care Professionals' Attitudes about Alcohol Abuse
  - Linda White-Ryan PhD, Janna Heyman, PhD, Gentry Torell



# **Friday 10/28**

## **Friday 8-9am**

- **Breakfast and registration**

*Emerson Foyer*

## **Friday 8:45-noon**

*Emerson A*

### **2. Skilled Listening and Writing for Story: From Reminiscence to Story-Work with Elders' Stories**

- Terry Lee, Ph.D., Christopher Newport University
- This workshop is available to all conference participants. CEUs for social workers are available if requested and paid for in advance.

## **Friday 9-9:50am**

### **▪ Technology and Aging**

*Emerson C*

- Forming Healthy Communities through Everyday Technology: DOROT's University Without Walls
  - Catherine Li BA
- Understanding Information and Communication Technology (ICT) Use by Older Adults: A User Typology
  - Johanna Birkland PhD

### **▪ Geriatric Mental Health**

*Clark Lounge*

- Elder Circles for Consciousness Raising and Support
  - Ruby Tsang MA/MEd, (Janet) Amalia Weinberg PhD (Clinical Psychology)
- Treating Depression in a Rural Community
  - Robert Maiden PhD, Helen Evans MA, Rosolina Serrano BA

### **• Alzheimer's Association Session**

*Klingenstein*

- Healthy Living for your Brain and Body: Tips from the Latest Research
  - Kristen Campbell LMSW

## **Friday 10-10:50am**

### **▪ Intergenerational Models**

*Emerson C*

- Alleviating Social Isolation Among Older Adults through Teen Interns: Generations Helping Generations
  - Judith Turner Ed.M, Deborah Parkinson MA
- Surveying the Landscape: Experiencing Renewal by Reflecting on Life and Legacy with Younger Generations
  - Wendy Handler LMSW

### **▪ Life Course and Later Life**

*Clark Lounge*

- Trauma and Palliative Care
  - Barbara Ganzel PhD
- Veteran Status and Attitudes Towards Gun Control: The Moderating Influence of Age
  - Cassie Dutton MA, Andrew London PhD, Janet Wilmoth PhD

### **▪ Elder Law and Gerontology**

*Klingenstein*

- Building Connections Between Elder Law and Gerontology
  - Maria Brown LMSW PhD, Nina Kohn J.D., Israel Doron PhD
- The Rights of Older Persons Under International Law
  - Arlene Kanter J.D. LL.M.

## Friday 10/28 (concluded)

### Friday 11-11:50am

#### ▪ **Models of Care**

*Emerson C*

- Benefits and Challenges of Aging in Place Models: Financial, Social Mobility, and Transportation Considerations
  - Kelly Allen MSW
- Healthcare Coordination for Older Adults; reducing hospitalizations emergency room use and caregiver stress
  - Pamela Taylor RN, Annie Wells BA Psychology

#### ▪ **Quality of Life**

*Clark Lounge*

- Achieving Fulfillment: Ensuring a High Quality of Life for Seniors with Autism
  - Joseph Amodeo Master of Arts; Master of Public Administration
- Creative Approaches to Daily Living
  - Sara Peller MA LCSW

#### ▪ **Public Health Interventions**

*Klingenstein*

- The Breast Cancer Awareness and Education Program: Faith-Based Health Education in an Inner-City African American Community
  - Maria Brown PhD, Luvenia Cowart PhD
- Attitudes of Older Adults Towards Discussing Sexuality with Social Workers
  - Margaret Salisu MSW

### Friday Noon-1:30pm

#### **LUNCH and AWARDS**

*Emerson B*

SSA Undergraduate Paper Award	Danen Danielak
SSA Graduate Paper Award	Suzanne Katz
Walter M. Beattie Award	James O'Neal
President's Award	Dr. Karl Pillemer
Advocate for Older Adults Award	Dr. Bill Thomas



# SSA Award Recipients

## James O'Neal

## Walter M. Beattie Award

The purpose of the Walter M. Beattie Jr. award is to honor a distinguished member of SSA for outstanding contributions to the work of SSA and for commitment to the goals of the State Society. This year's Award is presented to James O'Neal.

James C. O'Neal is an independent consultant on older adult issues. He began his community healthcare career with Oxford Health Plans, and assisted in establishing VNS CHOICE Managed Long-Term Care Plan at the Visiting Nurse Service of New York in 1998 where he worked for over 13 years. James was Director of Community Outreach at CenterLight Health Care (Beth Abraham) for 4 years until he retired in January 2015. He continues to promote healthcare education and community social services in ethnic and immigrant communities in New York City.



Mr. O'Neal is a Past President (2003) and current Board Member of the State Society on Aging of New York (SSA). He is a Board Member of Neighborhood SHOPP (senior centers and services), the Washington Heights/Inwood Interagency Council on Aging, the Public Health Association of New York City, and is President of the Bronx Interagency Council on Aging (BRICA). For over 10 years, James served as co-Chair of the Adult Immunization Coalition of the Department of Health & Mental Hygiene of New York City, and was on the Advisory Board of the HUD sponsored "Healthy Homes, Health Seniors" Community Study conducted by Columbia University's Mailman School of Public Health. Earlier this year, he was appointed a Member of Governor Cuomo's Advisory Committee for the Aging for a term to expire July 5, 2018.

James has been honored by the Council of Senior Centers and Services of New York City (now named LiveOn NY) with its Community Leadership Award, in addition to several other community service awards including: Korean Community Services of Metropolitan New York, the Chinese American Planning Council-Nan Shan Senior Center, the United Hindu Cultural Council of North America Award for Outstanding Community Service in Queens, India Home's Friendship Award, and Jamaica Service Program for Older Adults (JSPOA) Community Service Award. In October 2014, Mr. O'Neal was the recipient of the Advocate for Older Adults Award from SSA.

James O'Neal is a BA graduate of Franklin & Marshall College, Lancaster, PA, and earned his MA from New York University in New York City.

### Previous Walter M. Beattie Award recipients:

Ruth Bennett	Barbara Silverstone	Joanna Mellor
Msgr. Charles Fahey	T. Franklin Williams	Terry Fulmer
Neal Bellos	Theodora G. Jackson	Helen Hamlin
Sheldon Tobin	Janet Sainer	Michael Burgess
Evan Calkins	William Lane	Jurgis Karuza
Rose Dobrof	M. Beatty, Jr.	Marcus Harazin
Susan Sherman	Anna "Honey" Zimmer	Judith L. Howe
Marjorie Cantor	Lou Glasse	Robert J. Maiden
Pasquale Gilberto	Patricia Pine	Patricia Brownell
Cynthia Stuen	John Krout	Janna C. Heyman

## Dr. Karl Pillemer

## President's Award

The President's Award is to recognize a leader in the field for his/her outstanding service. This year's Award is presented to Dr. Karl Pillemer.

Dr. Karl Pillemer is the Director of the Brofenbrenner Center for Translational Research and the Hazel E. Reed Professor in the Department of Human Development and a Professor of Gerontology in Medicine at the Weill Cornell Medical College. Pillemer also directs the Cornell Legacy Project and is author of the two books *30 Lessons for Living* and *30 Lessons for Loving*. His major interests center of human development over the life course, with a special emphasis on family and social relationships in middle age and beyond. He has a strong theoretical and empirical interest in life course transitions and the effects they have on family relationships.



A major program of research is on intergenerational relations in later life, with a focus on determinants and consequences of the quality of adult child – older parent relationships. Dr. Pillemer is now conducting a large-scale study of this issue, with funding from the National Institute on Aging, which focuses on within-family differences in parent-child relations in later life and on ambivalence in intergenerational relations among adults. A second major program of research focuses on the nature and dynamics of family caregiving for impaired older people, which he has been carrying out over the past two decades with funding from the National Institutes of Health and other sources. A third area is in long-term care for the elderly, with a focus on the relationships between family members of residents with staff in long-term care facilities. Fourth, Dr. Pillemer has a long-term program of research on conflict and abuse in families of the aged, including several related studies of the domestic and institutional abuse of older persons. Finally, he is actively involved in intervention research and in policy analysis related to aging and health care, with an emphasis on evidence-based methods of developing a competent, caring long-term care workforce. His extensions and outreach work involves translational research, exploring ways to speed the transfer of findings from basic research into scientifically tested interventions.

Dr. Pillemer is a graduate of Boston University with a Ph.D. from Brandeis University in Sociology. He is a fellow of the Gerontological Society of America and is Chair-Elect of its Behavioral Sciences Section.

### Previous President's Award Recipients:

Helen Hamlin

Neal Lane

Msgr. Charles Fahey

T. Franklin Williams

Patricia Bomba

Michael Friedman

Carter Catlett Williams

Mae Carpenter

Bob Blancato

Ann Marie Cook

Lilliam Barrios-Paoli

Carol Levine

Susan Perlstein



## Dr. Bill Thomas

## Advocate for Older Adults Award

The Advocate for Older Adults Award recognizes a record of planning, policy development and advocacy work. This year's award is presented to Bill Thomas.



Dr. Bill Thomas is an author, entrepreneur, musician, teacher, farmer and physician whose wide-ranging work explores the terrain of human aging. Best known for his health care system innovations, he is the founder of the global non-profit Eden Alternative, which works to improve the care provided to older people. He is the creator of The Green House® which Provider Magazine has called the “pinnacle of culture change.” Dr. Thomas also developed the Senior ER model of care and is now working to transform the acute care services provided to elders.

His synthesis of imagination and action led the *Wall Street Journal* to highlight Dr. Thomas as one of the nation's “top 10 innovators” changing the future of retirement in America and *US News and World Reports* to name him as one of “America's best leaders.”

Dr. Thomas recently starred in the Sundance award-winning documentary *Alive Inside*. He has been traveling the country since 2014 starring in what he calls his *Age of Disruption Tour*, a “nonfiction theater performance” that has played in over 70 cities. Dr. Thomas' books include *Principia Senescentis*, *Second Wind: Navigating the Passage to a Slower, Deeper and More Connected Life*, *Tribes of Eden*, *What Are Old People For? How Elders Will Save the World*. He blogs regularly at [ChangingAging.org](http://ChangingAging.org)

Dr. Thomas is a graduate of SUNY Cortland and Harvard Medical School. He lectures at the SUNY Health Science Center's Clinical Campus in Binghamton and is Professor of Aging Studies and Distinguished Fellow at UMBC's Erickson School in Baltimore.

### Previous Advocate for Older Adults Award Recipients:

James Collins

Evelyn Laureano

James O'Neal

Rosie Marie Fagan

Bobbie Sackman

Alejandro Garcia

William Dionne

Robert Blancato

## **Danen Danielak**

## **SSA Undergraduate Paper Award**

Danen Danielak is a 2016 graduate of The College at Brockport, SUNY Social Work Program and Honors College. She has always enjoyed spending time with older adults and knew that she would only be happy in a career that involved caring for others. Upon beginning her undergraduate education she learned that few of her peers intended to work with older adults after graduation. she knew she had found her niche. The focus of her studies has been older adults and the unique issues faced by this population. Financial exploitation is a significant problem that impacts so many and drew her full attention during her senior year at Brockport. Shortly after graduation, she moved on to work as a Guardianship Case Manager for Catholic Family Center of Rochester. Danen's future plans include continuing her education in a program that will allow her to focus on advocacy for the older adult population.



## **Suzanne Katz**

## **SSA Graduate Paper Award**

Suzanne Katz is a former marketing professional who decided to make a mid-life career change into Social Work. With an undergrad degree in Economics and an MBA, she spent 20+ years in marketing roles at companies like The New York Times and Consumer Reports. Through the years, she became increasingly committed to improving her local community (Westchester County, NY), volunteering with organizations like the Emergency Shelter Project, Woman 2 Woman Prison Ministry, Mount Kisco Interfaith Food Pantry, and Community Center of Northern Westchester. This brought her to Fordham's Graduate School of Social Service, where she is currently a foundation-year student interested in trauma-informed practice.



## Workshops

**(All conference participants may attend; CEUs for social workers are available for \$25 per workshop/3 CEUs. Please register and pay for CEUs at [ssany.org](http://ssany.org))**

### **Expressive Arts in Counseling Psychotherapy**

Presenter: Lourdes Barche-Tabar, Ph.D.

Thursday, 10/27, 8:45-12:00

This three hour presentation draws from theories of Humanistic, Existential, Jungian and expressive arts psychotherapies, especially theories from E. Dissanayake. The aim is to teach and practice how the use of expressive arts can be brought to the lives of elder populations. Individuals will engage in various modalities of expressive art forms. The presentation will be experiential and didactic. The experiential part will include practice with use of different expressive modalities, paying attention to elder care.

The didactic portion will include:

- Art as an intrinsic need for humans
  - Four forces behind human need for art-making:
    - belonging to a social group
    - finding and making meaning
    - gaining a sense of competence through the success in manual craftsmanship
    - rituals as a way of acknowledging the importance of the art
- The Arts as Love
- The Arts as Ritual
- Expressive Arts Therapy
  - Embodied
    - invites engagement of the body, e.g. the act of creating (movement, rhythm, sound)
    - challenges “disembodied” thinking and thus ungrounded wish fulfillment (client’s rigid fantasy)
  - Imaginal – uses metaphor
    - metaphor challenges concrete thinking
    - invites other perspectives, tolerance of paradox

### **Attachment-Focused Integrative Reminiscence (Life Writing): Theory, Methods, Skills, and Phenomenological Experience**

Presenter: Myra Sabir, Ph.D., Binghamton University

Thursday, 10/27, 2:00-5:15

Integrative reminiscence is a form of life review in which memories are recalled, examined, appraised, and resolved, and has been shown to generate a wide range of mental and physical health benefits. It has been shown to reduce depression, anxiety, and perceived stress; to help resolve internal conflict, revise self-schemas, increase self-worth, disconfirm negative beliefs about the self; and to increase self-acceptance, self-esteem, and self-efficacy among other psychological health benefits. A substantial number of physical health benefits have also been attributed to integrative reminiscence including improved symptoms or arthritis, asthma, hypertension, diabetes, cardiac disease and faster recovery from cancer treatments. Social health benefits have included improved relationships, improved grades in college, and greater ease in gaining employment. Behavioral benefits (less smoking, drinking) have also been attributed to integrative reminiscence. This three-hour training session covers what has been labeled attachment-focused integrative

remembrance (AFIR), an integrative remembrance approach based on prior research suggesting that integrating unfavorable attachment experiences might be primarily responsible for the psychological and physical health benefits consistently attributed to integrative remembrance. The training session will place particular emphasis on remembrance around attachment themes. Teaching methods will include lecture, discussion, skills practice & development, and actual engagement with the AFIR process. Participants will leave with a firm grasp of AFIR theory and how it is applied; increased appreciation for the narrative principle in human service; enhanced skills for conducting AFIR interventions and narrative interventions in general; and a phenomenological sense of the immediate and lasting impact of AFIR.

### **Skilled Listening and Writing for Story: From Remembrance to Story-Work with Elders' Stories**

Presenter: Terry Lee, Ph.D., Christopher Newport University

Friday, 10/28, 8:45-12:00

The three-hour, interactive workshop develops a theory and practice for valuing the stories of elders in institutional settings, suggesting that anyone with an interest in listening to elders' stories can listen compassionately to and effectively record them in writing, audio, or video. "Story-work" begins with remembrance but then moves in a different direction, not toward therapy, but toward a story that is shaped, is set down in writing (or voice recording or video), and is portable—something easily shared.

Objective 1: A knowledge and brief practice of two kinds of listening—skilled listening for story and compassionate listening. Listening in these ways helps one recognize elements of story, as well as affirm and validate the story-teller.

Objective 2: A knowledge of how to value an elder's remembrance and how to turn it into a story that can be recorded to given to the elder and his or her family.

Objective 3: Practical advice for ways to listen for, record, and shape elders' stories, ways to produce something as simple as a brief prose narrative or even a one-sentence prose "haiku," that could play an important role, however small, in elders' lives, whether preserved on paper, published on the Web, written in a notecard, or on a home-made refrigerator magnet. "Publishing" elders' stories gives an inner reality confirmation in the outer world.

\*New York LMSW & LCSW Contact Hours: Family & Children's Service of Ithaca is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0293. Full attendance is required; no partial credit will be awarded for partial attendance. 3 live contact hours have been approved per workshop.



44th Annual Conference Of The  
STATE SOCIETY ON AGING OF NEW YORK

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**SPONSORSHIP OPPORTUNITIES**

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Rates: \$200 for 2 days • \$125 for 1 day  
6-foot x 30-inch Exhibitor table draped with linen & two chairs  
Membership is not required to exhibit.

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SSA OFFERS ADVERTISING SPACE IN THE PROGRAM BOOK OF THE 44<sup>TH</sup> ANNUAL CONFERENCE. Current organizational members of SSA are entitled to a free quarter-page ad. The advertisement **MUST** be submitted along with this form to be included in the program. SSA members will receive a discounted advertising rate if they upgrade their ads to a larger size. Program measures 8.5" x 11" and is printed in black and white.

**Rates**

	<b>Full Page (7.5" w x 10" h)</b>	<b>1/2 Page (7.25" w x 4 5/8" h)</b>	<b>1/4 Page (3.5" w x 4 5/8" h)</b>
SSA Organizational Member	\$125	\$75	Included
SSA Individual Member	\$200	\$150	\$75
Non-Member	\$250	\$200	\$100

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Please make the check payable to SSA and **mail** a hard copy of the advertisement with this form to:  
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Fordham University Graduate School of Social Service  
400 Westchester Avenue, West Harrison, NY 10604

For questions please contact James O'Neal at [joneal1306@aol.com](mailto:joneal1306@aol.com) or Janna Heyman at [heyman@fordham.edu](mailto:heyman@fordham.edu)

***Deadline: Submissions must postmarked no later than September 30, 2016.***



44<sup>th</sup> Annual Conference Of The  
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## TRAVEL AND HOTEL INFORMATION

### Travel

All conference sessions will be held at Ithaca College, 953 Danby Road, Ithaca, NY 14850.

There are a number of travel options for those traveling from other parts of the state. For air travel, the Ithaca Tompkins Regional Airport has direct flights to and from the Newark airport. Several companies offer non-stop bus service from New York City to Ithaca:

- Big Red Bullet <http://bigredbullet.com/>
- Cornell's Campus to Campus Bus <https://transportation.fs.cornell.edu/coach/>
- Ithaca Platinum Express <http://www.coachusa.com/info/shortline/ss.ithacaplatinum.asp>

### Hotels

We have reserved blocks of rooms in two local hotels. These locations are both suitable for those who will be in Ithaca without a car, as either hotel shuttles or conference-arranged transportation will be provided between the hotel and the Ithaca College campus. For those arriving in Ithaca with a car, parking on campus will be free so you may wish to investigate additional nearby lodging options through the Ithaca Visitor's Bureau <http://www.visitithaca.com/>.

### Hotel Ithaca

222 South Cayuga Street, Ithaca NY (downtown Ithaca)

607-272-100

[www.thehotolithaca.com](http://www.thehotolithaca.com)

### **Room Rates:**

Start Date	End Date	Room Type	Rate
10/25/2016	10/28/2016	Double Queen or King	\$134.00
10/25/2016	10/28/2016	Double Queen Executive or King Executive	\$154.00

Hotel rates are subject to applicable state and local taxes in effect.

**Room Reservations:** The hotel will be holding a block of rooms for SSA attendees at this special group rate. Hotel reservations **MUST BE RECEIVED BY THE HOTEL ON/BEFORE FRIDAY, SEPTEMBER 30, 2016.** Following this cut-off date the rate will not be guaranteed.

## **Country Inns & Suites**

1100 Danby Road, Ithaca, NY

607-256-1100

<http://www.countryinns.com/ithaca-hotel-ny-14850/nyithaca>

### **Room Rates:**

<b>Start Date</b>	<b>End Date</b>	<b>Room Type</b>	<b>Rate</b>
10/25/2016	10/28/2016	Queen, Queen Suite or King Suite	\$119.00

Hotel rates are subject to applicable state and local taxes in effect.

**Room Reservations:** The hotel will be holding a block of rooms for SSA attendees at this special group rate. Hotel reservations **MUST BE RECEIVED BY THE HOTEL ON/BEFORE SUNDAY, SEPTEMBER 25, 2016.** Following this cut-off date the rate will not be guaranteed.

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# **CONFERENCE REGISTRATION FEES**

Registration for the conference can be found on the SSA website at <http://ssany.org>

	<b><u>Received by October 14</u></b>	<b><u>After October 14</u></b>
<b>Full Conference Registration:</b>		
Professional SSA member*	\$200.00	\$250.00
Non-member	\$250.00	\$300.00
Full-time student (SSA Member)	\$ 80.00	\$100.00
Full-time student (non SSA Member)	\$110.00	\$130.00
 <b>One-day conference registration:</b>		
Professional SSA member*	\$100.00	\$150.00
Non-member	\$130.00	\$180.00
Full-time student (SSA member)	\$ 50.00	\$ 70.00
Full-time student (Non-SSA member)	\$ 70.00	\$ 95.00

### **\*SSA Membership**

(\$40.00 for professionals, \$15.00 for students/seniors, and \$75 for organizations)