

The Many Worlds of Aging: Implications for Policy, Research, Education, and Practice

45th Annual Conference of the
State Society on Aging of New York



Quilt lovingly created by the elders of My Second Home and the children of Mount Kisco Child Care Center - JEWEL (Joining Elderly With Early Learners)

Wednesday, October 25 – Friday, October 27, 2017

**The Gideon Putnam Hotel
24 Gideon Putnam Road
Saratoga Springs, New York 12866**

President's Welcome

Dear Colleagues:

Welcome to the 2017 State Society on Aging of New York (SSA) conference! This year in Saratoga Springs we again have exciting presentations as well as opportunities to network with other professionals in the field of aging.

We chose the theme “The Many Worlds of Aging” to highlight the importance of recognizing the lifelong impacts of different social locations on well-being. Recent world events have highlighted for many of us the deep and lasting impacts of differences by class, race, gender, sexual orientation, religion, and national origin. In the field of aging, we need to constantly remind ourselves to think deeply about how these differences are addressed in policy, research, education, and practice. Many of our sessions will include opportunities to participate in dialogues about how understanding difference can help improve the lives of our elders.



At this year's conference we are excited to present a robust Town Hall focusing on aging and health policies, as well as a Past Presidents' Symposium focusing on changes in healthcare. In addition to the numerous opportunities for knowledge and connection with others, we will all be able to take advantage of the beautiful setting of the Gideon Putnam when we are looking instead for connection with nature or with ourselves.

We are happy to announce that next year's conference will also be held here at the Gideon Putnam, from Wednesday, October 24th through Friday, October 26th.

Best wishes for a productive conference!

Kind regards,

Mary Ann Erickson, PhD
SSA President, 2017

Conference Schedule

**Meals are on-site and included in the registration fee unless otherwise noted.

Wednesday 10/25

Wednesday, 8:30am-10:00am

SSA Board Meeting

Arches

Wednesday 9:00am-5:00pm

- Coffee and registration

Gallery

Wednesday, 10:00am-11:00am

- **Intergenerational Work** *Blue*
 - The Transformative Power of Friendly Visiting: Counteracting Social Isolation through Intergenerational Friendship
 - Jackie Pykon MSW, Lisa Sutz MSW
 - Legacy of Activism: Reframing the Past to Focus on Strength and Empowerment
 - Jackie Pykon MSW, Lisa Sutz MSW
- **Health and Wellness** *Red*
 - Living in the Grey; Helping Clients Navigate the Ambivalence of Aging
 - Nicole Christina LCSW
 - Coordinating Access to Vision Rehabilitation
 - Maggie Walters MPH
 - Music and Memory
 - Martha Murphy

Wednesday, 11:15am-12:30pm

- **Palliative Care** *Blue*
 - Innovative Approaches to Interdisciplinary Palliative Care: Bridging Policy, Practice, Research and Education
 - Mary Beth Morrissey PhD, Thomas Caprio MD, Melissa Lang DrPH
- **Education** *Red*
 - Dignity
 - Christa Hogan MSW, LCSW
 - From Caregiving to Care 'Receiving': Promoting a Trauma Resilient Aging Workforce
 - Tina Maschi PhD
 - Intergenerational Virtual Reality Program
 - Judith Turner EdM

Wednesday 10/25 (continued)

Wednesday, 12:30pm-1:15pm

- **Buffet Lunch**

*Orenda/
Geyser*

Wednesday, 1:30pm-2:45pm

- **Evidence-Based Practice**

Blue

- Application of ECHO Telemedicine to Nursing Homes to Help Staff Address Problematic Behaviors
 - Brooke Humel BA
- Lessons Learned: Evidence Based Self-Management Programs for Older Adults in Westchester County
 - Marikay Capasso MA
- Evidence-Based Practice: The Need for Education to Address Controversies and Barriers to Implementation
 - Patricia Kolb PhD

- **Food and Nutrition**

Red

- Food and Connection- Promoting Socialization Through DOROT's Home-Delivered Meals Program
 - Karen Fuller DNM
- Redesigning the Everyday Food Practices of LGBT Seniors: How to Create Social Practice-Based Health Interventions
 - Nevin Cohen PhD

Wednesday, 3:00pm-5:00pm

*Orenda/
Geyser*

Town Hall Meeting

*Find out directly from your legislators aging and health legislation they are promoting
Discover ways you can get involved!*

“An Interactive Dialogue with Legislators and Other Stakeholders on Aging and Health Policies in New York State”

James O'Neal, SSA Program Co-Chair, Moderator
Bob Blancato, Matz, Blancato & Associates, Discussant
Representative from NYS Office for the Aging
Donna Lupardo, Assembly, Aging Chair
Counsel Representative for Assemblyman Richard Gottfried
Alison Kane, Esq., Counsel for Senator Kemp Hannon
Sue Serino, Senate, Aging Chair



Wednesday 10/25 (continued)

Wednesday, 5:00pm-6:15pm

- **Reception – Silent Auction, Poster Session**

Arches

Posters

Arches

- An Analysis of Understanding Related to Goals of Care and Implications for Crafting Messages about Hospice and Palliative Care
 - Elizabeth Bergman PhD, Barbara Ganzel PhD
- Culturally Sensitive Communication of Professionals about Alzheimer's Disease
 - Janna Heyman PhD, Linda White-Ryan PhD, Peggy Kelly MSW, Martha Bial PhD
- Pursuing Higher Education in the Third Age of Life
 - Joanne Levine MPH, DSW, LCSW-R, Michele Cooper MLA
- Implementing Evidence Based Programs at a Center for the Blind and Visually Impaired
 - Carrie Lewy MS, Elizabeth Lee LMSW
- Do Nutrition Education Intervention with Community-Dwelling Seniors in the U.S. Employ Methodological Rigor?
 - Beverly Lyons PhD
- Intergenerational Learning Opportunities in an Undergraduate Memory Loss and Aging Course
 - Christine Pogorzala MS
- Re-Tooling our Perception of Progress in Elderly Clients Diagnosed with Dementia
 - Jennifer Schwartz-Crawford LMSW
- Academic and Community Partnerships: Pedagogy When Your Classroom (Only) Appears to be Homogeneous
 - David Steitz PhD
- Effects of Free Transportation on Function, Health, and Quality of Life in Service Recipients and Volunteers Drivers
 - Machiko Tomita PhD, Heidi Moy MS, Julianne Sigler MS, Erica Schuler MS

Wednesday 10/25 (concluded)

Wednesday, 6:30pm

Arches

DINNER and AWARDS

SSA Undergraduate Paper Award	Christopher DePasquale
SSA Graduate Paper Award	Jillian Minahan
Walter M. Beattie Award	Mark Brennan-Ing, PhD
President's Award	Mark S. Lachs, MD, MPH
Advocate for Older Adults Award	Donna Corrado, PhD, LCSW



Thursday 10/26

Thursday 8:00am-5:00pm

- **Breakfast (8:00am-9:00 am) and Registration**

Gallery

Thursday, 9:00am-10:15am

- **Technology**

Blue

- Older Adults and Technology: Policy, Research, Education, and Practice
 - Marisa Giorgi, PhD
- Telehealth Intervention Programs For Seniors (TIPS): Effects of an Intergenerational Program Via Telehealth and Wraparound Services
 - Colette Phipps MSW, Jennifer Crawford MSW

- **Home-Based Care**

Red

- Living and Dying at Home with Dementia: The Boom in house-Call Programs
 - Sarah Koppel MSW
- National Structural Survey of Veterans Affairs Home Based Primary Care Programs
 - Jurgis Karuza PhD, Suzanne Gillespie MD, Tobie Olsan PhD

- **LGBT Older Adults**

Estate

- Transgender Older Adults: Needs and Implications for This Community
 - Sebastian Divine MEd
- LGBT Older Adults and the Older Americans Act: Implications for Policy, Research, Education, and Practice
 - Jennifer Dunkle PhD

Thursday, 10:30am-11:45am

- **Health Disparities**

Blue

- Ageism and Older Adults with HIV: A Source of Health Disparities?
 - Mark Brennan-Ing PhD
- Racial/Ethnic Differences in Poverty and Disability for Older Adults: Findings from Data from NYC
 - Keith Chan PhD, Jeff Trant MSW

- **Career Choice and Volunteerism**

Red

- The influence of Personality and Career Choices and Well-Being in Older Adults
 - Robert Maiden PhD
- Volunteerism for Older Adults
 - Judith Turner EdM

- **Cultural Competenece**

Estate

- The Aging Apple: Older Immigrants a Rising Share of New York's Seniors
 - Christian Gonzalez-Rivera MUP
- Cultural Competence and Gerontology Practice
 - Beverly Horowitz PhD

Thursday 10/26 (continued)

Thursday, 12noon-1:45pm

*Orenda/
Geysler*

LUNCH

PAST PRESIDENTS' SYMPOSIUM WALTER M. BEATTIE, JR. SYMPOSIUM

This year, to highlight the work of the SSA Past Presidents, we are designating the Past Presidents' Symposium as the Walter M. Beattie, Jr. Symposium.

Walter M. Beattie, Jr., received his M.A. in sociology from the University of Chicago. Through his outstanding contributions and commitment to SSA, he was influential in broadening the conceptualization of aging. The Symposium recognizes these contributions by highlighting the work of SSA members in the field of aging.

“Healthcare in Flux: Implications for Older New Yorkers”

Facilitators: Judy Howe, PhD and Beverly Horowitz, PhD, OTR/L

Manoj Pardasani, PhD: Overview

Mark Brennan-Ing, PhD: The Impact of Proposed Medicaid Changes on Older New Yorkers

Thomas V. Caprio, MD: Pre- and Post-Medicare

Bob Maiden, PhD: Addressing Disparities in Rural Mental Health

Judy Howe, PhD and Beverly Horowitz, PhD: Discussion, Questions and Answers



Thursday 10/26 (continued)

Thursday, 2:00pm-3:15pm

- **Rural Health Care** *Blue*
 - Engaging Urban-Based Healthcare Providers to Get Excited About Rural Healthcare Delivery
 - Judy Howe PhD, Annette Hintenach MSSW
 - The Intersection of Geriatrics, Palliative Care, & Hospice in Rural Areas
 - Thomas Caprio MD

- **LGBT Older Adults** *Red*
 - Working with LGBT Older Adults of Color
 - Reyno Franciso MA
 - Using the Whole Person Wellness Model to Create Inspiring Programs for LGBT Older Adults
 - Karalin Sprague MSW

- **Lifelong Learning** *Estate*
 - The Importance of Sharing Your Story
 - Jane Ginsburg JD
 - Roadmap to Cultural Awareness, The Journey to Cultural Competency in Experiential Education
 - Eunice Flemister MPH

Thursday, 2:00pm-4:00pm

- **2 Continuing Education Hours Available for Social Work** *Garden*

Please register at front desk for this session

 - Integrated Behavioral Health
 - Janna Heyman PhD, Linda White-Ryan, PhD



Thursday 10/26 (concluded)

Thursday, 3:30pm-5:00pm

Needs of Dementia Caregivers

*Orenda/
Geysler*

**KERMIT SCHOOLER SYMPOSIUM
“Addressing the Needs of Dementia Caregivers in
Underserved Communities across New York State”**

This session is designated as the Kermit Schooler Symposium. Kermit Schooler, Ph.D, served as Professor and Dean of the School of Social Work at Syracuse University for two decades. Dr. Schooler, a social psychologist, was recognized nationally and internationally for his research and theory development in aging, particularly in the area of environment, stress and coping, and morale. Just before Kermit's death in 1991, the Executive Board of SSA established the Kermit Schooler Symposium at the Annual Meeting to honor his lifetime contributions to the field of gerontology. As part of SSA's tradition, this special symposium is in honor of Kermit Schooler.

Maria Brown, PhD – Syracuse University Aging Studies Institute

Andrea Martin, MSW – New York State Department of Health

Anderson Torres, PhD – Regional Aid for Interim Needs, Inc.

Jed A. Levine – CaringKind

Meg Boyce, LMSW – Alzheimer's Association Hudson Valley Chapter

Michael Reinhart, MD – SUNY Downstate Medical Center

Thursday, 6:00pm

- **Dinearound**



Friday 10/27

Friday 8:00am-9:15am

- **Breakfast, Registration** *Gallery*
- **SSA Business Meeting – all members are welcome to attend** *Geysler*
- **Student Poster Presentations** *Gallery*
 - Emotional Stress and Physical Strain in Older Adult Caregivers
 - Christopher DePasquale BS, Winnie Chen BA, Brittany Faison BA, Jessica Schelin BS, Kelly Song BS
 - The Emotional stress of caregivers of Individuals with Emotional or Mental Health Illnesses
 - Christina Singh BA, Ashlee Diaz MEd, Vanessa Oliva BA, Gabrielle Carleo BA, Corinne Kelly BS

Friday, 9:30am-10:45am

- **Medicare and Financial Eligibility** *Orenda*
 - Medicare Subsidy Programs: Demonstrating the Effectiveness of Outreach and Enrollment within the Black Community
 - Louanne Bakk PhD, Daniel Szewc MBA, Diane Oyler PhD
 - The Financial Eligibility Requirements for Supplemental Security Income (SSI) Recipients
 - Oliver Harwood BA
- **Program Development** *Geysler*
 - Tricks of the Trade for Grant Writers in the Field of Aging
 - William Lane PhD, Carol Hegeman MS
 - Creating Enabling Age-Friendly Communities Across NYS: Putting Research into Practice
 - Esther Greenhouse MS, Randall Hoak BA

Friday, 11:00am-12:15pm

- **Health and Wellness** *Orenda*
 - Physical Health and Subjective Well-Being among Middle-Aged and Older Adults: A Cross-Lagged Panel Design
 - Jillian Minahan MA, Karen L. Siedlecki, PhD
 - The Forgotten Ones: Older Widowed People Sexual Expressions. An Overview of the Literature
 - Margaret Salisu LMSW, M.Phil.
 - Can the Qualities of Intrinsically Motivated Individuals at diverse “Life Stages” Be Harnessed To Create Social Change?
 - Donna Greene MFA

SSA Award Recipients

Mark Brennan-Ing, PhD

The purpose of the Walter M. Beattie Jr. award is to honor a distinguished member of SSA for outstanding contributions to the work of SSA and for commitment to the goals of the State Society. This year's Award is presented to Mark Brennan-Ing.

Mark Brennan-Ing, PhD, is a Senior Research Scientist at the Brookdale Center for Healthy Aging at Hunter College, City University of New York, and an Adjunct Professor at the New York University Rory Meyers College of Nursing. Dr. Brennan-Ing's research focuses on psychosocial issues affecting persons living with HIV and older sexual and gender minority adults.

He is Past-President of the State Society on Aging of New York, a Fellow of the Gerontological Society of America (GSA), and past Board Member of the New York Association on HIV over Fifty (NYAHOF). He was the Principal Convener for GSA's HIV/AIDS and Aging interest group, a member of the American Society on Aging's LGBT Aging Information Network Leadership Council, and 2016 Chair of the American Psychological Association's Committee on Sexual Orientation and Gender Diversity. He has served as Book Review Editor for the *Journal of Religion, Spirituality and Aging*, and Consulting Editor for Methodology for *Gerontology & Geriatrics Education*. In February 2011, he was invited to be a member of the NIH Office of AIDS Research Working Group on HIV and Aging.

Dr. Brennan-Ing has been recognized for his work in the field of aging by the Hunter-Brookdale Center on Aging, Pride Senior Network, and the New York State Office for the Aging. Dr. Brennan-Ing was the lead editor on the seminal book on aging with HIV published in 2009, *Older Adults with HIV: An In-depth Examination of an Emerging Population*, and the 2016 volume, *HIV and Aging: Interdisciplinary Topics in Gerontology and Geriatrics* (vol. 42), which received a "High Commendation" from the British Medical Association. He has authored over 100 peer-reviewed articles, chapters and books.

Walter M. Beattie Award



Previous Walter M. Beattie Award recipients:

Ruth Bennett
Msgr. Charles Fahey
Neal Bellos
Sheldon Tobin
Evan Calkins
Rose Dobrof
Susan Sherman
Marjorie Cantor
Pasquale Gilberto
Cynthia Stuen
Barbara Silverstone

T. Franklin Williams
Theodora G. Jackson
Janet Sainer
William Lane
M. Beatty, Jr.
Anna "Honey" Zimmer
Lou Glasse
Patricia Pine
John Krout
Joanna Mellor

Terry Fulmer
Helen Hamlin
Michael Burgess
Jurgis Karuza
Marcus Harazin
Judith L. Howe
Robert J. Maiden
Patricia Brownell
Janna C. Heyman
James O'Neal

Mark S. Lachs, MD, MPH

The President's Award is to recognize a leader in the field for his/her outstanding service. This year's Award is presented to Mark S. Lachs.

Dr. Mark Lachs is Director of Geriatrics for the New York Presbyterian Health System, Co-Chief of the Division of Geriatric Medicine and Gerontology at the Weill Medical College of Cornell University, and a tenured Professor of Medicine at the College. He is also the Irene F. and I. Roy Psaty Distinguished Professor of Medicine. A graduate of the University of Pennsylvania and the NYU School of Medicine, he completed a residency in Internal Medicine at The Hospital of the University of Pennsylvania and is Board Certified in Internal Medicine and Geriatric Medicine. In 1988 he became a Robert Wood Johnson Clinical Scholar at Yale where he also earned a MPH degree in chronic disease epidemiology. He spent four years on the Yale Faculty before coming to Cornell to lead the Geriatrics Program.

President's Award



Dr. Lachs' major area of interest is the disenfranchised elderly, and he has published widely in the areas of elder abuse and neglect, financial exploitation, the measurement of functional status, and the financing of health care for an aging population. He has lectured internationally on these topics. Some of his honors and awards include an American College of Physicians Teaching and Research Scholarship, a National Institute on Aging Academic Leadership Award, and a Paul Beeson Physician Faculty Scholarship (the country's preeminent career award in aging). His many National Institute of Health funded studies include the largest longitudinal study of elder abuse risk factors and outcomes, the epidemiology of resident to resident elder abuse in nursing homes, and the New York State Elder Abuse Prevalence Study. He has mentored dozens of trainees over the course of his career in topics ranging from geriatric oncology, to the elucidation of forensic injuries in elder abuse, to the neuroscience and epidemiology of vulnerability to elder financial exploitation.

In January of 2000, Dr. Lachs became the director of the Cornell Center for Aging Research and Clinical Care (CARCC), a multidisciplinary group of scientists, clinicians, and educators who seek to speed scientific advances from bench to bedside, teach geriatric medicine to physicians-in-training at all levels, and create a trans-institutional community of gerontologists at Cornell.

His service to community and country includes membership on an Institute of Medicine Committee to address the training needs of health professionals in family violence, consultation to WHO on matters related to elder abuse, and creation of the New York City Elder Abuse Center, a multidisciplinary collaboration between academicians and community partners to prevent and respond to elder abuse (www.nyceac.org). He also sits on the Board of the American Federation for Aging Research where he currently serves as president.

The author of a popular book on Aging entitled *Treat Me Not My Age* (Viking Penguin 2010) he has appeared in multiple print and media outlets including Good Morning America, The Today Show, NPR's All Things Considered, The Wall Street Journal, and The New York Times.

Dr. Lachs' greatest passion is practicing and teaching geriatric medicine in the outpatient, hospital, long-term care, and house call setting.

Previous President's Award Recipients:

Helen Hamlin

Neal Lane

Msgr. Charles Fahey

T. Franklin Williams

Patricia Bomba

Michael Friedman

Carter Catlett Williams

Mae Carpenter

Bob Blancato

Ann Marie Cook

Lilliam Barrios-Paoli

Carol Levine

Susan Perlstein

Karl Pillemer

The Advocate for Older Adults Award recognizes a record of planning, policy development and advocacy work. This year’s award is presented to Donna Corrado.

Donna Corrado is Commissioner of the New York City Department for the Aging (DFTA). In that role, which Mayor Bill de Blasio appointed her to in 2014, she advocates for the city’s 1.55 million older adults; that number is expected to reach 1.86 million by 2040.

Commissioner Corrado also develops new models of care while strengthening and modernizing traditional services provided directly by DFTA and through hundreds of community partners.

Currently, she leads DFTA’s work on “Age-friendly NYC: New Commitments for a City for All Ages,” which includes nearly 90 initiatives that are designed to meet the needs of older adults as they age in place in their homes and the communities they contributed to while raising their families.



This important work builds on Commissioner Corrado’s decades of service in human services. Over the years, she has held key executive leadership roles with Catholic Charities, Diocese of Brooklyn and Queens, and has helped New York’s most vulnerable in a one-on-one setting as a licensed clinical social worker in private practice.

Commissioner Corrado, who is a fellow of the New York Academy of Medicine and the recipient of numerous honors and prestigious awards, holds a doctorate and master’s degree in social welfare policy and administration.

Previous Advocate for Older Adults Award Recipients:

James Collins

Rosie Marie Fagan

William Dionne

Evelyn Laureano

Bobbie Sackman

James O’Neal

Alejandro Garcia

Robert Blancato

Bill Thomas

Christopher DePasquale,

SSA Undergraduate Paper Award

Christopher DePasquale currently attends Stony Brook University, where he is working on his Master's of Science in occupational therapy. He acquired his Bachelor's of Science in biochemistry from Stony Brook University in 2014. Christopher is a member of Pi Theta Epsilon's Beta Psi chapter at Stony Brook and was chosen by his occupational therapy program to represent their student occupational therapy association (SOTA) as President from 2016-2017. His main interests include occupational therapy research, academia, and gerontology. He highly values the role of research in occupational therapy, since it provides evidence critical for evaluation, treatment, measuring outcomes, and academia. Thus, he plans to continue to engage in research as he gains experience in the field of occupational therapy.



Jillian Minahan

SSA Graduate Paper Award

Jillian Minahan is currently a fourth-year doctoral candidate and Teaching Fellow in the Applied Developmental Psychology program at Fordham University. She received her Bachelor of Science in psychology from Fordham University in 2013, where she was awarded the James C. Higgins Memorial Award and graduated with honors in psychology. In graduate school, Jillian is a member of the Fordham Memory and Aging Lab, directed by Dr. Karen Siedlecki, and her research interests include the interrelationships among age-related changes in cognition, health, health behaviors, and subjective well-being. Her master's thesis examined the longitudinal relationship between subjective well-being and physical health in middle-aged and older adults. Jillian is also a research intern at the New Jewish Home, where she has contributed to several research projects, including a NIH-funded study examining the experiences of long-distance caregivers. Jillian is currently teaching two college-level courses and working on developing her dissertation.



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and more to come.....

